

She was full of danger treacherous enticement temptations leading to evil and bringing death all of which lured me to stray from the narrow way from the paths of chastity and faithfulness toward the wild passions of the flesh the senses' tumbling desires the lustful cravings of the body her palette of colors was endless her efforts unlimited and she had all the time in the world and would use it because she wanted to have me entirely to herself was preying upon my soul seeking to capture it had a never-ending reservoir of alluring entertainment conjured the facets of human behavior in always new and persuasive packaging made it appear interesting and pleasing to the eye utilized for this effect hundreds of thousands of tiny mirrors all focused on bringing the world into me offered me perpetual news about all human activity in order to get my undivided attention and complete interest to capture my fascination and dedication in order to control all of me completely let me also hear bewitching music which was supposed to hammer into me the wild rhythms of life without interruption wanted to get into my innermost being in order to absorb me into the continuously rotating whirlpool of time always going in circles always in the same direction without a chance to ever get out of this strong suction until in the very end it would take me down violently into the unfathomable abyss.

- Prayer Loneliness
- Bible reading
- Quiet time
- Meditation about stanzas
- Singing songs
- Attending services
- Learning verses
- Renunciation
- Asceticism Self-denial
- Contemplation